

**ANGELA A. STANTON, PH.D.**

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angela@migraine-book.com

#### EDUCATION

**CLAREMONT GRADUATE UNIVERSITY – Ph.D.** Economics; May 14, 2007 Dissertation in Neuroeconomics Title: *Neural Substrates of Decision-Making in Economic Games*.  
Chair: Paul J. Zak

**HARVARD UNIVERSITY** – Visiting Fellow Functional Magnetic Resonance Imaging;  
MGH/MIT/HMS Athinoula A. Martinos Center for Biomedical Imaging, Harvard Medical  
School (2006) Certificate of Completion

**STANFORD UNIVERSITY – MS** Management Science & Engineering (2001)

**UNIVERSITY OF CALIFORNIA, RIVERSIDE – MBA** General Management (1997)

**UCLA – BS** Applied Mathematics (1995)

#### CONTINUING EDUCATION CERTIFICATION

**Neurology by Nutrition Network**—May 7, 2021

**American Nutrition Association:** Advanced Ketogenic Nutrition—July 26, 2019

**Harvard T.H. Chan School of Public Health:** Evidence-based Optimal Nutrition: The  
Quest for Proof—December 18, 2019

**Nutrition Network:** Low Carbohydrate High Fat Ketogenic Nutrition & Treatment—  
June 3, 2018

#### CURRENT PROJECTS

- Providing continuing education to affiliates of the Stanton Migraine Protocol® to help migraine sufferers worldwide.
- Continuing research in migraine prevention via nutritional methods.
- Finishing 3<sup>rd</sup> and final book edition on migraine prevention and treatment.

#### PUBLISHED BOOKS (MINE FULLY OR INVITED PARTS)

**Ketogenic: The Science of Therapeutic Carbohydrate Restriction in Human Health** June 19, 2023. Academic Press, 550 pages. ISBN-10: 0.28216174 ISBN-13: 978-0128216170, Paperback. Textbook, invited author on the section of migraine.

**Fighting The Migraine Epidemic: A Complete Guide: How To Treat & Prevent Migraines Without Medicine – September 29, 2017**

Paperback: 662 pages

Publisher: CreateSpace Independent Publishing Platform (September 29, 2017)

ISBN-10: 154697637X

ISBN-13: 978-1546976370

**Fighting the Migraine Epidemic; How to Treat and Prevent Migraines without Medicines. An Insider's View.** ISBN: 978-1-4918-6420-3 (sc) ISBN: 978-1-4918-6419-7 (e) Official publish date: 2/10/2014 by AuthorHouse (1<sup>st</sup> ed)

Contributing author of the **Encyclopedia of the Mind** Harold Pashler editor, January 14, 2013, ISBN-10: 1412950570, ISBN-13: 978-1412950572 Sage Publications

Lead editor and contributing author to **Neuroeconomics and the Firm** May, 2010, Edward Elgar Pub. Chapters written in this book: Chapter 8 ***Hormonal Influence on male decision-making: implications for organizational management***  
Chapter 2: coauthored with Dr. Isabel M Welpé ***Risk and ambiguity: entrepreneurial research from the perspective of economics***

Contributing author to **Patenting Lives.** Editor Johanna Gibson (2008, 2010, 2013) Part 3 Chapter 5: ***Forfeited Consent: Body Parts in Eminent Domain*** provided in 2007 after presenting at the School of Law, Queen Mary University of London.

Published dissertation in book as well as in peer reviewed journal. In book: ***Neural Substrates of Decision-Making in Economics Games: Hormones of Decision-Making*** VDM Verlag, Germany, ISBN-10: 3639153529; ISBN-13: 978-3639153521

#### PUBLISHED PAPERS & JOURNAL ARTICLES

Stanton, A.A., *Are We Sure We Know the Risk Factors for Cardiovascular Disease? \**. **Journal of the American College of Cardiology**, 2023. **81**(23): p. 2255-2257.

Stanton, Angela *Plant-Based Panacea? Not Really.* **BMJ Nutrition. Prevention & Health.** Rapid response to: *Plant-based diets, pescatarian diets and COVID-19 severity: a population-based case-control study in six countries.*  
<https://nutrition.bmj.com/content/early/2021/05/18/bmjnph-2021-000272.responses#plant-based-panacea-not-really-> June 16, 2021

Stanton, A. A. *Channelopathy and Carbohydrates: Bad Mix for Migraines.* **The FASEB Journal** **34**, 1-1, doi:<https://doi.org/10.1096/fasebj.2020.34.s1.02286> (2020).

“Concerns about Misleading Interpretation and Incorrect Conclusion” comment in response to Budhathoki, S. *et al.* Association of Animal and Plant Protein Intake With All-Cause and Cause-Specific Mortality Animal and Plant Protein Intake and Mortality Animal and Plant Protein Intake and Mortality. **JAMA Internal Medicine**, doi:10.1001/jamainternmed.2019.2806 (2019)

<https://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2748453>

“*The Ketogenic Diet for Obesity and Diabetes—Evidence Outpaces Enthusiasm*” comment in response to “*The Ketogenic Diet for Obesity and Diabetes—Enthusiasm Outpaces Evidence*” **JAMA Internal Medicine**

<https://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2737919>

“*Confusing Data Analysis*” **Journal of the American College of Cardiology**, 73(14) April 16, 2019 <https://doi.org/10.1016/j.jacc.2018.11.065>

“*Dietary carbohydrate intake and mortality: reflections and reactions*” **The Lancet Public Health** Volume 3, Issue 11, page 18, November 2018, DOI: [https://doi.org/10.1016/S2468-2667\(18\)30205-6](https://doi.org/10.1016/S2468-2667(18)30205-6)

Stanton, A. A. *Migraines and Ionic Variances*. **The FASEB Journal** 32, 750.751-750.751, doi:[https://doi.org/10.1096/fasebj.2018.32.1\\_supplement.750.1](https://doi.org/10.1096/fasebj.2018.32.1_supplement.750.1) (2018).

Stanton, A. A. *Migraine as a Metabolic Disease*. **The FASEB Journal** 31, 636.627-636.627, doi:[https://doi.org/10.1096/fasebj.31.1\\_supplement.636.27](https://doi.org/10.1096/fasebj.31.1_supplement.636.27) (2017).

Stanton, A.A. (2017), *Electrolyte Homeostasis in Migraine*. **The FASEB Journal**, 31: 1027.1-1027.1. [https://doi.org/10.1096/fasebj.31.1\\_supplement.1027.1](https://doi.org/10.1096/fasebj.31.1_supplement.1027.1)

“*A Comment on Severe Headache or Migraine History Is Inversely Correlated With Dietary Sodium Intake: NHANES 1999-2004*” **Headache: The Journal of Head and Face Pain** Volume 56, Issue 7, pages 1214–1215, July/August 2016

“*Functional Prodrome in Migraines*” **Journal of Neurological Disorders**, 4(1) pre-pub doi: 10.4172/2329-6895.1000256

“*Are Statistics Misleading Sodium Reduction Benefits?*” **Journal of Medical Diagnostic Methods**, 5(1) pre-pub DOI: 10.4172/2168-9784.1000196

“*Migraine Cause and Treatment*” **Mental Health in Family Medicine**, 11(2):69-72

“*Neuroeconomics: A Critique of 'Neuroeconomics: A Critical Reconsideration'*” with French title “*Commentaires sur ‘Neuroéconomie: une relecture critique’*” **Revue française d'économie**, Vol. 23, No. 4, April 2009, Angela A. Stanton, Max Planck Institute for Economics Invited paper for special edition

*Oxytocin Increases Generosity in Humans* with Paul J. Zak and Sheila Ahmadi (2007), **PLoS ONE**, 2(11): e1128

*Vasopressin and Punishment* with Paul J. Zak and Sheila Ahmadi (2007) published as chapter three of *Neural Substrates of Decision-Making in Economic Games* (2007), **Journal of Dissertation** 1(1) pages 1:63.

*Neural Substrates of Decision-Making in Economic Games* **Journal of Dissertation**, Vol. 1, No. 1, 2007, Angela A. Stanton, Max Planck Institute for Economics

Commentary: “*Passive Prediction of Ambiguity and Risk for Aversive Events.*” **The Journal of Neuroscience** 2009; 29: 1648-1656

*The Correct Definition of Risk and Ambiguity Would Have Provided Different Results.* E-letter commentary for Dominik R. Bach, Ben Seymour, and Raymond J. Dolan **Neural Activity**

*New Way to Squat without Getting Caught: The Case of the \$750,000 Generic Domain Name – It’s Time to Revamp the Internet Domain Name System.* GNSO & ICANN Online <http://gnso.icann.org/issues/new-gtlds/new-gtld-pdp-input.htm> (January 2006); presented at the **GNSO Council Meeting in Washington DC** on February 24, 2006

#### INVITED SPEAKER & LECTURE SERIES

**Ketogenic: The Science & Practice of Therapeutic Carbohydrate Restriction. Neurology** taught by Angela A. Stanton, Ph.D. Healthcare professionals can take this course for continuing educational credit: <https://nutrition-network.org/online-training/ketogenic-the-science-and-practice-of-therapeutic-carbohydrate-restriction/>

**The Low Carb Lifestyle Long Weekend: Migraines – all you need to know to not have any** by Angela A. Stanton, Ph.D. [www.lowcarb lifestylehub.com](http://www.lowcarb lifestylehub.com)

**World Nutrition Summit 2022:** Migraine Treatment and Prevention by the Stanton Migraine Protocol® <https://courses.nutrition-network.org/p/wns2022>.

**Guest lecture Nutrition Coalition, UK:** The Stanton Migraine Protocol®: A Masterclass <https://nutritioncollective.co.uk/courses/the-stanton-migraine-protocol/>

**Neurology Module by Nutrition Network**, three lecture hours for healthcare professionals specifically on migraines. These courses provide continuing education credits: <https://nutrition-network.org/neurology/>

**World Nutrition Summit 2021:** Angela Stanton, PhD: **The Migraine Challenge** <https://www.acelevents.com/e/WorldNutritionSummit/portal/stage/135358> (paid access only)

#### YOUTUBE INTERVIEWS & NEWS

#### BLOG ABOUT ME

<https://keto-mojo.com/article/meet-migraine-expert-angela-stanton-phd/>

#### YOUTUBE VIDEO INTERVIEWS

“Fighting the Migraine Epidemic: The Groundbreaking Work of Angela A Stanton, PhD”  
by Coach Stephen BSc Hons <https://youtu.be/8ERo-frEPDA>

Interview with Angela Stanton; by Rebekah Farmer: <https://youtu.be/tVyj-NEjTyI>

“Carnivore is the BEST WAY to Defeat Migraines + Neuroeconomics | Dr. Angela Stanton” by Carnivore Camaraderie <https://www.youtube.com/watch?v=DQLG9h9cSjg>

Kick Sugar Summit interview by Florence Christophers  
[https://www.florencechristophers.com/deliveries/LYnFc6PAIXvieDCh?play=asset\\_6572794](https://www.florencechristophers.com/deliveries/LYnFc6PAIXvieDCh?play=asset_6572794)

Migraines and keto – benefit or liability? Dr angela stanton a world expert breaks it down  
Dr. Robert Cywes & Dr. Angela A Stanton (part 1) <https://youtu.be/tDH0udMBPXA>

Migraines and keto – benefit or liability? Dr. Robert Cywes MD, PhD interviews Angela A Stanton PhD, part 2. <https://youtu.be/mW8wjgYHTwE>

A Complete Guide To Migraines with Angela Stanton, Ph.D. on Boundless Body Radio!  
<https://www.youtube.com/watch?v=ke991DgOukg>

The Low Carb Lifestyle Podcast by Tracey McBeath  
<https://www.youtube.com/watch?v=RBD0VZoEhYg>

"The Stanton protocol for dealing with migraines| ft. Angela Stanton |PART 2" with  
Astrid Naranjo Accredited RD & Nutritionist [https://www.youtube.com/watch?v=-jNt5J\\_UABg&lc=](https://www.youtube.com/watch?v=-jNt5J_UABg&lc=)

"Everything you need to know about Migraines.| Angela Stanton PhD | part 1" with  
Astrid Naranjo Accredited RD & Nutritionist  
<https://www.youtube.com/watch?v=jHIo44QroF4&t>

“dLife.in Podcast: Angela Stanton on Migraines and Low Carb LCHF & Keto Diet”  
<https://www.youtube.com/watch?v=w4To7hzK7FA>

"LLVLC Podcast with host Jimmy Moore: Angela Stanton Takes Us To School On  
Migraines, Hormones, & Keto Carnivore Diets"  
<https://www.youtube.com/watch?v=SWeS3X8gbG0>

"Stop Migraines On Demand"--Dr. Angela A. Stanton with Dr. Pete's Keto Club:  
<https://www.youtube.com/watch?v=Wec6oAOfM7c>

"MeatRx Carnivore Community Meeting with Angela Stanton, PHD" with Dr. Shawn  
Baker: <https://www.youtube.com/watch?v=S3Y9I9YdRz8&feature=youtu.be>

The Ketogenic Girl "Electrolytes, Water Retention, Protein & Ketones on Keto and Carnivore with Dr. Angela Stanton":

<https://www.youtube.com/watch?v=htY1swgWVo4&feature&fbclid>

Nutrition with Judy (Part 1): [https://www.youtube.com/watch?v=TdV7\\_-rvWoE&t](https://www.youtube.com/watch?v=TdV7_-rvWoE&t)

Nutrition with Judy (part 2): <https://www.youtube.com/watch?v=5pvCsrB2k2A&t>

Dr. Shawn Baker and Zach Bitter: <https://youtu.be/Y-BcsGllgmU>

Biohackers Lab: <https://youtu.be/AjyTLCk73gM>

The Ketogenic Girl: <https://www.youtube.com/watch?v=eZHNRIS6qj4>

MeatRx with Dr. Shawn Baker: <https://www.youtube.com/watch?v=u6ppkOujM00&t>

#### PODCASTS

**Fabulously Keto by Jackie Fletcher and Louise Reynolds: “127: Angela Stanton – Fighting The Migraine Epidemic”** <https://podcasts.apple.com/gb/podcast/fabulously-keto/id1534287036?i=>

**Channelopathy: The Breakthrough Scientific Discovery You Have Never Heard About with Dr. Angela Stanton With Dr Katinka at the Spero Clinic:**

<https://podcasts.apple.com/us/podcast/118-channelopathy-the-breakthrough-scientific/id1544110832?i=1000580733189>

**Fitness Confidential with Vinnie Tortorich: "Treating & Preventing Migraines with Dr. Angela Stanton - Episode 2066"**

<https://open.spotify.com/episode/2LAIREgTZyXMxeIt0tu9c9>

**Podcast interview with Tracey McBeath on migraine:**

<https://www.youtube.com/watch?v=RBD0VZoEhYg>

**Podcast with Vanessa Spina on protein:**

<https://podcasts.apple.com/ca/podcast/omad-animal-protein-vs-plant-protein-protein-requirements/id1344681226?i=1000547439655>

**Boundless Body Radio:**

<https://www.myboundlessbody.com/podcast1/episode/4bd47d19/fighting-the-migraine-epidemic-with-dr-angela-stanton-070>

**Carnivore Cast: Dr. Angela Stanton - Migraine Relief, Electrolytes, Keto/Glucose Brain Metabolism:**

<https://www.youtube.com/watch?v=9EHUUOC8zVk&lc>

**Bisu: Preventing electrolyte imbalances - how to beat migraines, keto flu & Bloat - Angela Stanton, Ph.D.** <https://podcasts.apple.com/us/podcast/preventing-electrolyte-imbances-how-to-beat-migraines/id1513190058?i=1000484946679>

**Beyond Keto Summit:** The Stanton Migraine Protocol on a 5-day virtual summit, starting January 29, 2020. <https://themidliferelelifeblueprint.app.virtualsummits.com/>

**The Cultivate Wellness Podcast: Ep 24 - Dr. Angela Stanton, Migraines, Low Carb, EAT Lancet** June 10, 2019 here: <https://podcasts.apple.com/us/podcast/ep-24-dr-angela-stanton-migraines-low-carb-eat-lancet/id1449504334?i=1000441107513>

**Inner Fire Podcast:** Angela A Stanton, PhD podcast July 5, 2017 here: <https://www.stitcher.com/podcast/inner-fire-podcast/e/59441813>

**THE MORNING SHOW with Patrick Timpone,** February 2, 2017 here: <https://oneradionetwork.com/all-shows/angela-stanton-phd-author-fighting-migraine-epidemic-treat-prevent-migraines-without-medicines-insiders-view-february-2-2017/>

#### PUBLISHED PRESENTATION ABSTRACTS

*Migraines and Ionic Variances.* **The FASEB Journal** 20 April 2018 Abstract #750.1 [https://www.fasebj.org/doi/10.1096/fasebj.2018.32.1\\_supplement.750.1](https://www.fasebj.org/doi/10.1096/fasebj.2018.32.1_supplement.750.1)

*The Ionic Nature of Migraines.* AAAS, Pacific Division 98th ANNUAL MEETING June 2017, oral presentation

*Migraine as a Metabolic Disease.* **The FASEB Journal** April 2017, Abstract #636.27 [https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1\\_supplement.636.27](https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1_supplement.636.27)

*Electrolyte Homeostasis in Migraine.* **The FASEB Journal** April 2017, Abstract #1027.1 [https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1\\_supplement.1027.1](https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1_supplement.1027.1)

#### INVITED PUBLISHED BLOG ARTICLES

##### Medium

What We So far Know of Covid-19 May 26, 2020

Our Kids Are In Ketosis September 28, 2019

Fight Migraine with Ketosis the Right Way July 20, 2019

##### Hormones Matter

[www.hormonesmatter.com](http://www.hormonesmatter.com)

Ancient Tribes to Modern Babies: Whole Milk is a Common Denominator Aug 16, 2021

Are Vegan Diets Heart Healthy: A Case Study June 24, 2021

If Ketosis is Only a Fad, Why Are Our Kids in Ketosis? January 2, 2020

Should You Supplement Potassium? August 13, 2019  
The Many Lives of Carbohydrates June 4, 2019  
Cymbalta: A Neurological Damage Machine February 28, 2019  
Statins: Who Needs Them? February 14, 2019  
Protein—A Most Confusing Word January 2, 2019  
Aimovig: A Miracle Migraine Treatment or Unnecessary Risk? August 9, 2018  
Why Glucose Testing for Diabetes is Inaccurate June 26, 2018  
Gluten-free: Is That Enough? June 5, 2018  
Migraine: Do We have It All Wrong? May 2, 2018  
Carbohydrate Addiction March 13, 2018  
Migraine as a Metabolic Disease February 8, 2018  
Genetics and the Migraine Brain: Mutation, Adaptation, or Variance? January 16, 2018  
Health and the Nutrition Connection: Focus on Fats and Cholesterol November 14, 2017  
The Insulin Resistance Time Bomb September 12, 2017  
Stress, Hormones, and Migraine July 10, 2017  
Topamax Revisited June 12, 2017  
Anecdotal Evidence Butts Heads with Science on Matters of Diet June 5, 2017  
Migraine: Do We Have It All Wrong? May 3, 2017  
Genetics and the Migraine Brain: Mutation, Adaptation, or Variance? April 6, 2017  
Migraine Brain as a Survival Advantage: Connecting the Dots with Angela A. Stanton  
February 1, 2017  
The Ketogenic Diet: What You Need to Know – January 18, 2017  
Hydration, Thirst, and Drinking Water (modified) – December 27, 2016  
Diet Choices: Moving Beyond the Want Culture – November 29, 2016  
The Surprising Connection Between Migraines and Nitrates November 14, 2016  
Why Academic Research is Dead – October 11, 2018  
The Clash of Food Civilizations: Sugar Versus Fat – September 19, 2016  
The Misguided Battle Against Dietary Fat and Cholesterol – August 8, 2016  
Happy Ending to Migraines: The Benefits of Milk – May 25, 2016  
Those Evil Grains: Gluten Free versus Grain Free – March 9, 2016  
Himalayan Salt – Flint on Global Scale? January 25, 2016  
Silent Death – Serotonin Syndrome; November 30, 2015  
Triptan ± SSRIs ± Migraines ± Depression: Flip a Coin; October 12, 2015  
Topamax: The Drug with 9 Lives; September 10, 2015  
Hydration, Thirst, and Drinking Water; July 28, 2015  
Pregnancy Toes – What Sugar Does to Feet; February 9, 2015  
Sweet Death by Sugar. Monday; January 19th, 2015  
Why Are We So Scared Of Salt?; January 13th, 2015  
The Truth About Salt; December 29th, 2014  
Migraines And Hormones: Behind The Curtain; December 15th, 2014  
The Anatomy Of A Migraine; November 17th, 2014  
Dehydration And Salt Deficiency Trigger Migraines; November 4th, 2014

#### OTHER PUBLISHED BLOG ARTICLES

The Editorial is Published! June 5, 2023  
Invited Editorial for JACC May 16, 2023



What? A Boston Marathon? April 18, 2023  
Long Time No Hear: Busy Times April 5, 2023  
New Alliance with Request A Test November 18, 2022  
Ketosis & Measuring Ketones Explained September 26, 2022  
Are We a Generation of the Addicted? September 19, 2022  
Why I Left Academia August 13, 2022  
Depression vs Serotonin “Antidepressants” July 22, 2022  
Quora on Migraine May 30, 2022  
What Foods are Best to Eat? February 23, 2022  
The Mediterranean Diet February 6, 2022  
Are You Getting Floxed by Your Doctor? December 17, 2021  
Definition of Migraine December 6, 2021  
The Reviews on Amazon—They are Fake November 13, 2021  
Do We Understand Cholesterol? November 11, 2021  
And She Is No Longer with ADA October 28, 2021  
I Am Plagiarized! Should I Feel Angry or Happy? July 17, 2021  
New Drug Approved? Really? Why? June 9, 2021  
Fuming Over Clueless Doctors: Statins. June 8, 2021  
What Will They Do When It Happens To Them? December 20, 2020  
Long Covid, Short Covid, Don’t Know If Covid—What Do You Have? November 26, 2020  
Eating Your Way to Death—Literally September 2, 2020  
Do Masks Help Stop the Spread? August 19, 2020  
Are We Out of the Woods? Covid-19 Update July 22, 2020  
Covid-19 from Up-Cloe May 25, 2020  
Herd Immunity, R(o), and a Virus We Barely Know May 22, 2020  
Letter to the Migraine World Summit by a Migraineur April 18, 2020  
Why Don’t They Follow What Works? April 2, 2020  
Clinical Course on Covid19—Vital Signs March 28, 2020  
Stanton Migraine Protocol in a Dutch Magazine? March 20, 2020  
Where is the Critical Media? February 26, 2020  
Paradigm Shift: The Importance of the Right Anecdotal Evidence February 4, 2020  
Do You Like to Drink? January 15, 2020  
Ketosis, Fad Diets, & facts January 2, 2020  
Keto-Mojo Blogs About Stanton Migraine Protocol December 2, 2019  
Bad Science & Social Media Chatter November 27, 2019  
Why We Can’t Beat The Vegans To It October 30, 2019  
Children in Ketosis: The Feared Fuel October 12, 2019  
Where is the Beef? The 6 Papers That Turned the World Up-Side-Down October 1, 2019  
Osteocalcin and Atherosclerosis September 17, 2019  
Statin Lies September 3, 2019  
Yet One More Junk paper in JAMA Internal Medicine August 29, 2019  
How far Will They Go? August 22, 2019  
Hypertensive 90-year Old Recovers on the LCHF Diet July 31, 2019  
Silence on the US Front—News Flash of US Research from the UK! June 21, 2019  
Carbs, fat, Sugar, & All That Jazz: A Willett Lecture May 4, 2019

Newsflash & The Fallacy of Percentages April 17, 2019  
War Against Red Meat April 16, 2019  
The Potassium Myth April 1, 2019  
Medical Misinformation—a Letter About Statins February 23, 2019  
Letter to Dr. Gunhild A. Stordalen January 29, 2019  
The Eat-Lancet Commission: The World’s Biggest Lie January 19, 2019  
A Correct Diet Shall Include Animal Protein of High Biological Value January 18, 2019  
Why Would You Ever Choose Olive Oil Over Butter? January 5, 2019  
The New ADA Standards of Medical Care January 1, 2019  
An Image that say it All December 29, 2018  
FDA Quinolones Petition Response 4-Years in The Making December 24, 2018  
Fluoroquinolones & Aneurysm the FDA warns December 20, 2018  
NIH Commentary for Nutrition Research December 19, 2018  
Astroturfing Revealed—the Ruining of Wikipedia December 12, 2018  
One More Misleading Article November 29, 2018  
Sugar to Type 2 Diabetes to Warning Labels November 9, 2018  
Reflections on a Carbage Article November 5, 2018  
An Apology—Thank You Dr. Lundberg August 29, 2018  
The Ripple-Effects of Bad Science August 25, 2018  
When Bad Science Can Harm You August 17, 2018  
Are You eating Anti-Nutrients Instead of Nutrients? August 11, 2018  
Stanton Migraine Protocol in the Daily Mail July 30, 2018  
The UK is Going LCHF June 6, 2018  
Doctors are Starting to Understand the NEW Diet! March 21, 2018  
A Most Amazing Migraine Treatment March 21, 2018  
USDA Dietary Guidelines; Will They Change? March 20, 2018  
Ignore government nutrition guidelines—UK Prime Minister told! March 14, 2018  
An Amazon Book Review that Made Me Cry February 23, 2018  
What’s Wrong in “The keto diet, explained” on Vox February 21, 2018  
The Science of Fasting that No One Knew About February 19, 2018  
The connection of Trehalose & deadly pathogens January 23, 2018  
Statins: The Grand Fraud! January 22, 2018  
Those Impossible Blood Glucose Meters! December 9, 2017  
Health & Nutrition: Fat-Focus November 15, 2017  
A New Disruptive Technology: Self-Healthcare June 10, 2017  
Migraineurs are Helped by a Medicine-Free Protocol April 9, 2017  
The Forbidden Truth March 20, 2017  
Received a Threat for This Article March 16, 2017  
The Aspirin Scam March 8, 2017  
Do you have questions about migraines? January 31, 2017  
Skittles Fatten Cows! Wait a Minute! We Give Those to Our Kids Too! January 21, 2017  
Support Petition for Healthy Nutritional Guidelines! December 19, 2016  
Ignorance? Fear of New? Stupid? December 10, 2016  
A Migraineur in a Noisy Jazz Club Without Migraine? December 10, 2016  
Angry! I am Very Angry! November 15, 2016  
Why the Recent Milk Research Is Faulty November 6, 2016

Why Predatory Journals Will Take Over October 11, 2016  
The Funniest Testimonial October 1, 2016  
What Medicines Can Do: Type II Diabetes Anyone? September 21, 2016  
Tasmania: Cherry Pie to replace Bacon & Eggs? September 20, 2016  
A Clueless Doctor September 16, 2016  
Are You Faking Ketosis? September 9, 2016  
How Much Sugar Is In Your Blood? September 8, 2016  
Master's in Mechanical Engineering; Stanton Migraine Protocol to the Rescue! August 28, 2016  
Act Now! FDA Comment Period on Dietary Sodium! August 18, 2016  
Quinolone Antibiotics – Black Box Released! August 15, 2016  
Recommending Low Carbs by an MD is Not Permitted! August 13, 2016  
Olive Oil Meets Steak – Time to Compare Fats! August 12, 2016  
How Much Cholesterol is Healthy? July 31, 2016  
How Running Marathons Led me to the Cure for Migraines July 29, 2016  
Medical Code of Ethics 2016 July 18, 2016  
They Think They Can Hide The Truth! Nanana!!! July 14, 2016  
The Truth Revealed in the UK–Then Silenced... Again! July 13, 2016  
Are You Dumifying Yourself Taking Statins? July 12, 2016  
Some Tradeoff: Candy vs. Kidney Damage July 14, 2016  
A Revolutionary Researcher; Will She Drive Your Next Cab? May 26, 2016  
Milk, Fats, Cholesterol, Salt & Good Bye Migraines. May 25, 2016  
Migraines versus Headaches—a video May 18, 2016  
FDA ruling on Quinolones! FINALLY!!! May 12, 2016  
HealthyMama Magazine on a Fiery Subject. March 29, 2016  
The New Fad: Alternating Carbs-Fat Diet! BAD! February 6, 2016  
Lead Poisoning: Flint & Himalayan Salt. January 25, 2016  
Showdown Time! January 20, 2016  
Acidic or Alkaline? Your Health in Question. December 25, 2015  
How a Migraineur Achieved the Impossible in an Ignorant & Hurtful World! December 19, 2015  
The Best Thing About migraine: Preventable! Read this cute story! December 17, 2015  
Salt and BP: Are Studies Using Statistics Right? December 10, 2015  
PTSD; December 5, 2015  
Serotonin Syndrome – a Killer that Doctors Need to Learn About; November 30, 2015  
Big Pharma as Organized Crime by Dr. Peter Gøtzsche; November 20, 2015  
The McDonaldization of Medicine” Seriously?; November 16, 2015  
Will a Medicine Help You? The Numbers Will Shock You!; November 8, 2015  
Low Salt for Heart Health? Look Again!; November 5, 2015  
Where is My Bacon!; October 27, 2015  
Triptans & SSRIs: for Migraines & Depression?; October 12, 2015  
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A Life Trashed as the Legal and Medical Systems Shook Hands; February 5, 2015  
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GI and BMI; Do They Mean Anything?; January 20, 2015  
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Scientific Evidence on Cipro and Similar! In Case You Had Doubts!; October 8, 2014  
Those Amazing Antibiotics & How One Class Hurts You; October 6, 2014  
High Dose Flu Shot or NOTHING! Ultimatum By the FDA!; October 4, 2014  
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The Killer Artificial Sweeteners and Sugars; September 17, 2014  
Salt; the Good, the Bad, and the Evil. Finally It Is the GOOD!; September 14, 2014  
Mind Over Body; Can You Do That?; September 9, 2014  
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Off-Label Prescription Use Should Be Illegal!; August 7, 2014  
Iodine in Salt and Why You Need It!; August 3, 2014  
Food For Thought: The Roman Time Salary Was in Salt!; August 2, 2014  
Oh My! We are Medicating Children for Migraines with What???; August 1, 2014  
SSRI and Impotency... Hahahaha... I Knew More Bad Stuff Would Come to the Surface; July 27, 2014  
Big Win over The Medical Industry Today!; July 24, 2014  
Brand Name versus Generic Drugs. Are You in Danger of Clueless Doctors?; July 18, 2014  
Salt, Government, Doctors and People!; July 15, 2014  
We Know We Are Doing Bad Medicine... But... Said the Doctor...; July 9, 2014  
Symptom or Cause? Why Can't They Get It Right?; July 7, 2014  
Medication: Brand Name then Brand Name and then Brand Name again!; July 5, 2014  
Vacation Over – Medical Reality Hits Again!; June 28, 2014  
SSRI Danger for Migraine and Depression Sufferers; June 5, 2014  
Serotonin and Migraines: a Second Take; June 2, 2014  
Why Do Triptans Sometimes Work & Other Times Don't for Migraines? May 30, 2014  
LinkedIn: Are You Linked or Doomed? May 24, 2p014  
Migraines in Tea-Drinking Countries; May 22, 2014

Corruption of the Medical System–Medical Fraud! May 20, 2014  
And You Believe in Your Doctor You Say? May 19, 2014  
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Migraine Facts: Slow Down and Read This; May 17, 2014  
Medicare Screwed? Fraud? Just Another Day in California Medical System! May 14, 2014  
Parathyroids and How Tricky and Dangerous–and Misunderstood they are! May 6, 2014  
High Blood Pressure is Good For You; Did You Know that? May 5, 2014  
Are the Rats too Scared to Get the Right Research and Dose? May 5, 2014  
Migraine drug removed from use by the European Medicines Agency. Make sure you are not on it even in the US! May 2, 2014  
The Pharmaceutical Industry’s Confession; May 2, 2014  
Why you should Never trust your doctor! May 2, 2014  
Quote from Dr. Sanjay Gupta: “The food we eat is medicine” and how does that connect to migraines? May 2, 2014  
Are you Sure you are Having Migraines? Awesome Summary; May 1, 2014  
What Are Migraines? An Amazing Explanation via a Video!; May 1, 2014  
All Migraines Have the Same Cause According to this Video from Mayo Clinic; May 1, 2014  
What are migraines? A video from Baylor University; May 1, 2014  
Do you think a calorie is a calorie from any sugar?; April 30, 2014  
How To Become Diabetic on Diet Drinks and Diet Food!; April 30, 2014  
Durable Power of Attorney–Why You Need it And Why You Don’t!; April 29, 2014  
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Dying Person with Paralyzed Throat given Oral Medication?; April 8, 2014  
CluelessDoctors Founder Will Head to Challenge as Activist!; April 8, 2014  
Clueless Doctor Causes Stroke; April 4, 2014  
Serotonin, NIH, and Malpractice–totally clueless; March 29, 2014  
Clueless versus Incompetent versus Malpractice versus Crime; March 26, 2014  
Clueless Doctors; an introduction; March 18, 2014  
The Genetics of Migraine & The Stanton Migraine Protocol® August 17, 2016  
Functional Prodrome in Migraines–from the article June 17, 2016  
I Published 2 Years Ago–New Researchers Claim to Be the Founders WOW! April 1, 2016  
Grains and Migraine. March 9, 2016  
What Are Migraine Prodromes? You Think You Know? February 16, 2016  
Salt Increases BP? Really? January 30, 2016  
Serotonin Syndrome: What Every Migraineur Should Know. November 30, 2015  
Migraine Cause & Treatment Explained by New Article. November 28, 2015  
Big Pharma, Medicines, Migraines, and The Truth!; August 17, 2015  
Water Challenge, Clear Urine, & Migraines; July 10, 2015  
Migraines, Serotonin, & Carbohydrates: the Connection; July 8, 2015  
A Letter to National Pain Report that will NEVER be Published!; June 14, 2015  
Low Salt is Bad for You! On Fox News!; May 17, 2015  
Depression, Anxiety, Chronic Fatigue Syndrome, Migraine & Salt!; March 5, 2015  
Sugar, Sugar Substitutes, Headaches & Migraines; December 30, 2014

## CONFERENCE PRESENTATIONS, WORKSHOPS, CAUCUSES

Poster presentation at American Nutrition Association Conference 2019, San Diego, California, November, 2019 Personalized Nutrition

Title: ***Migraine: From Chronic Disease to Regeneration by Nutrition***

Poster presentation at the Experimental Biology Conference 2018 (APS/Physiology), San Diego, California April 23, 2018

Title: ***Migraines and Ionic Variances***

Session: Ion Channels, Transporters, and Pumps in Health and Disease

Oral presentation at the AAAS, Pacific Division 98th ANNUAL MEETING Waimea • Big Island • Hawaii 19 – 23 June 2017

Title: ***The Ionic Nature of Migraines.*** (Abstract #109)

Presented at the Experimental Biology and APS (American Physiological Society) conference, Chicago, April 22-26.

Titles presented per session:

Experimental Biology: ***Electrolyte Homeostasis in Migraine***

American Physiological Society: ***Migraine as a Metabolic Disease***

***The Questions (Not So) Rational Entrepreneurs Ask: Decision-Making through the Lens of Neuroeconomics***, Professional Workshop organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008; sponsored by the Entrepreneurship and the Research Methods Division, in co-organization with Mellani Day, Isabell Welpé, David Audretsch, and Zoltan Acs.

***Neuroeconomics of Organizations: Developing and New Field of Research***, a caucus organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008, in co-organization with Mellani Day, Isabell Welpé, David Audretsch, John Dickhaut, Veronica Gustafsson, Sameeksha Desai, and Zoltan Acs.

***Molecular Rationality: An Evolutionary and molecular Model of Economic Rationality***, November 21 - 23, 2009, ESA session at the Southern Economic Association annual conference, San Antonio, TX.

***Risk and Ambiguity: The Theoretical Model and its Human Representation.***

**Invited Keynote Speaker** at the Behavioral Finance & Economics Research Symposium, September 23-25, 2009, Chicago, Ill., for the Academy of Behavioral Finance & Economics joint/general session with the Academy of Entrepreneurial finance.

***Homo Irrationalicus: An Evolutionary Explanation of Rationality***, 21st Annual Meeting of the Human Behavior & Evolution Society, May 2009, California State University, Fullerton, CA, USA

***Organizational Adaptation: Neuroscience Methodologies and Opening the Black Box***  
with Mellani Day (Colorado Christian University, USA) and Isabell M. Welpé (Ludwig-Maximilians University, Germany), Fifteenth Annual Organization Science Conference, February 5-8, 2009, Steamboat Springs, Colorado, USA

***Neuroentrepreneurship: Hormones and Entrepreneurial Decision Making.***  
Biology of Cognition, Chateau Hotel Mont Royal, Chantilly, France, October 16-18, 2008.

Evolutionary Neurobusiness. NeuroPsychoEconomics Conference, Munich, Germany, October 9-10, 2008.

***Neuroentrepreneurship: The Hormones of a Successful Entrepreneur & Corporate Leaders.***

Economic Science Association (ESA), Lyon, France, 11-14 September, 2008.

***Is Homo Economicus a Myth? Should Organizations Care?***

A special symposium organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008, sponsored by the Entrepreneurship and Management Organizational Cognition Divisions, in co-organization with Mellani Day, Isabell Welpé, Sameeksha Desai, David Audretsch, John Dickhaut, Joyce E. Berg, Chandra Kanodia, Veronica Gustafsson, and Zoltan Acs.

***Homo corporaticus: Hormones and Institutions.***

ISNIE, June 20-21, 2008. University of Toronto, Toronto, Canada.

***Oxytocin Increases Generosity in Humans.***

Society for Neuroscience Annual Conference, San Diego, CA 2007

***A Reciprocity Model of Innovation in Teams: An Agent's Choice.***

67<sup>th</sup> Annual Meeting of the Academy of Management in Philadelphia, Pennsylvania 2007; also presented at the 11<sup>th</sup> Annual Conference of ISNIE at the University of Iceland in Reykjavik, Iceland 2007

***Oxytocin Increases Generosity.***

ESA World Meeting at LUISS in Rome, Italy 2007

***A Model for Reciprocity.***

Thinking&Doing Conference by ESNIE and ISNIE, Boulder, CO 2006.

***Mean Reversion Model with Jumps: An Application in Forecasting Commercialization of Drugs for a Biomedical Company.***

81<sup>st</sup> Annual Conference of the Western Economic Association International, San Diego, California, 2006.

***Teams, Trust, and Human-Agent.***



ESNIE, Corsica, France 2006.

***Forfeited Consent: Body Parts in Eminent Domain.***

Patenting Lives Conference, Queen Mary Intellectual Property Research Institute, University of London 2005.

***Medicine and Public Health.***

Panelist at Patenting Lives Conference, Queen Mary Intellectual Property Research Institute, University of London 2005.

***Teams, Trust, and Principal-Agent.***

European Institute of Advanced Studies for Management, 3rd Workshop on Trust Within and Between Organisations, Special Session IV. Amsterdam, the Netherlands 2005.

***Mathematical Foundation of a Decision Model for Financial Accounting Information Processing.***

MBA thesis. University of California, Riverside, 1997. Committee Chair: Waymond Rogers, Members: Sarkis J. Khoury and Woody Liao .

***Throughput Modeling Financial Information Used by Decision Makers.***

Waymond Rodgers. My MBA Thesis (listed above) is published in Chapter Four (1997) JAI.

**MEMBERSHIPS**

The New York Academy of Sciences (NYAS)

Lifelong emeritus member of the Society for Neuroscience (SfN)

**TEACHING & RESEARCH**

<b>Independent Researcher</b>	2010 to present
<b>External Research Fellow</b> Max Planck Institute for Economics, Jena, Germany	7/2008 – 2010
<b>Visiting Scholar</b> Center for Neuroeconomics Studies, Claremont Graduate University, Claremont, CA	5/2007 – 2010
<b>Assistant Professor of Economics (visiting)</b> George L. Argyros School of Business and Economics, Chapman University, Orange, CA	8/2007 – 8/2008
<b>Research Assistant to Paul J. Zak</b> Center for Neuroeconomics Studies, Claremont Graduate University, Claremont, CA	8/2003 – 5/2007
<b>Adjunct faculty</b>	9/ 2004 – 12/ 2004

George L. Argyros School of Business and Economics, Chapman University, Orange, CA

**Adjunct faculty**

6/1998 – 6/2003

University of California, Berkeley Extension, Berkeley, CA

### **PROFESSIONAL CORPORATE CAREER HISTORY**

Executive, advisory, management, and executive roles between 1998 and 2003 at Visa, Intel, and others.